

Parenting

Parenting is the most difficult job you'll ever undertake...and also the most rewarding. An important aspect of parenting is to remember that your child constantly looks to you for guidance. Typically, the way you act/react will be the way your child will act/react. With a little planning, you can set positive examples for your children.

Rules are important items for children to learn to follow. The ability to follow rules is necessary in the school setting, in the community and in the workplace. Teaching your child(ren) to follow rules will better prepare them for life "outside" of your home.

First, state your rules clearly. When possible, state them in a positive way, threats are not effective. Rules should be reasonable for the child's age and developmental level. Most importantly, rules must be enforced to be effective. Make sure the consequence for not following a rule is clearly understood by your child, is enforceable and is reasonable. Don't back yourself into a corner!

Want to know more? Here are some websites that offer great parenting tips.

<http://www.pbs.org/parents>

<http://www.parentsoup.com>

<http://www.practicalparent.org>

<http://www.tnpc.com>

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