

**PANHANDLE AREA EDUCATIONAL CONSORTIUM**  
**OCCUPATIONAL INJURY / ILLNESS WORK RELEASE**

Employees Name: \_\_\_\_\_ SSN: \_\_\_\_\_ Date of Injury: \_\_\_\_\_

Visit Date: \_\_\_\_\_ Time In: \_\_\_\_\_ Time Out: \_\_\_\_\_ Follow up Visit Date/Time: \_\_\_\_\_

Employee can return to **Normal duties** now? \_\_\_ YES \_\_\_ NO If NO, When? \_\_\_\_\_

Employee assigned to **Transitional Work** now? \_\_\_ YES \_\_\_ NO If NO, When? \_\_\_\_\_

Employee is totally and permanently disabled from all occupations? \_\_\_ YES \_\_\_ NO (See Comments)

Has Employee reached **Maximum Medical Improvement** (MMI)? \_\_\_ YES \_\_\_ NO When? \_\_\_\_\_

Can Employee work a normal shift: \_\_\_ YES \_\_\_ NO If NO, How many hours? \_\_\_\_\_

**PHYSICAL EVALUATION FOR TRANSITIONAL WORK ASSIGNMENT**

COMPLETE WHEN EMPLOYEE IS RESTRICTED FROM NORMAL WORK DUTIES (8 hour day)

(Mark the box preceding each activity, which **CAN BE safely and effectively performed** by the above named employee)

- |  |  |
|--|--|
| <input type="checkbox"/> Lifting & Carrying - Over 80lbs | <input type="checkbox"/> Repeated bending (____ Hours)         |
| <input type="checkbox"/> Lifting, up to 80lbs            | <input type="checkbox"/> Pushing (____ Hours)                  |
| <input type="checkbox"/> Lifting, up to 60lbs            | <input type="checkbox"/> Pulling (____ Hours)                  |
| <input type="checkbox"/> Lifting, up to 40lbs            | <input type="checkbox"/> Twisting                              |
| <input type="checkbox"/> Lifting, up to 20lbs            | <input type="checkbox"/> Climbing, use of arms and legs        |
| <input type="checkbox"/> Lifting, under 20lbs            | <input type="checkbox"/> Use of both legs                      |
| <input type="checkbox"/> Carrying, up to 80lbs           | <input type="checkbox"/> Can wear respirator                   |
| <input type="checkbox"/> Carrying, up to 60lbs           | <input type="checkbox"/> Operation of moving equipment         |
| <input type="checkbox"/> Carrying, up to 40lbs           | <input type="checkbox"/> Operation of school bus               |
| <input type="checkbox"/> Carrying, up to 20lbs           | <input type="checkbox"/> Can work in Confined Space            |
| <input type="checkbox"/> Carrying, under 20lbs           | <input type="checkbox"/> Ability for rapid mental & eye coord. |
| <input type="checkbox"/> Use of fingers                  | <input type="checkbox"/> Use of both eyes                      |
| <input type="checkbox"/> Use of hands & Arms             | <input type="checkbox"/> Hearing without aid                   |
| <input type="checkbox"/> Walking (____ Hours)            | <input type="checkbox"/> Keep affected area clean & dry        |
| <input type="checkbox"/> Standing (____ Hours)           | <input type="checkbox"/> Specific Visual Requirements          |
| <input type="checkbox"/> Sitting (____ Hours)            | <input type="checkbox"/> Specific Hearing Requirements         |
| <input type="checkbox"/> Kneeling (____ Hours)           | <input type="checkbox"/> Stooping (____ Hours)                 |

**LENGTH OF RESTRICTIONS:** 0 - 1 WEEK \_\_\_\_\_ 2 - 4 Weeks \_\_\_\_\_ 6 - 8 Weeks \_\_\_\_\_ 8 - 12 Weeks \_\_\_\_\_

**COMMENTS & MEDICATIONS PRESCRIBED:**

Clinic/Hospital Address and Phone No.: \_\_\_\_\_

Physician Name (Print): \_\_\_\_\_

Signature: \_\_\_\_\_

**FOLLOW UP CARE:**

Physician Appointment scheduled for Date: \_\_\_\_\_ Time: \_\_\_\_\_

Scheduled therapy for Date: \_\_\_\_\_ Time: \_\_\_\_\_

Referral To: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ PH: ( ) \_\_\_\_\_

**RETURN THIS FORM TO:**

Supervisor at school and copy school district Risk Manager for filing, FAX copy to: ( )\_\_\_\_\_

Safety Manager, PAEC 753 West blvd. Chipley, Fl 32428 FAX: (850)-638-6109

**If more room is required write on the back of this form.**